



GUIDELINES FOR TEXT SUBMISSION

Texts shall be submitted in MS Word © for Windows XP © electronic format to the book editor, Jose Aquesolo, at:

jaquesolo@alumni.unav.es

The text shall be written in 12-point Times New Roman font, with all four margins at 2.5 cm and single-spaced. Boldface, italics and underlined texts are accepted. The use of other types in titles and sub-headings is not permitted.

Originals shall include:

- 1) Main title of the text
- 2) Author/s name/s and affiliation/s as they wish it to appear in the text
- 3) Paper text

Maximum length of texts: 12 pages (including tables, figures, illustrations –only black and white– and notes).

Figures, tables and illustrations

They shall be located at the corresponding place within the text. All of them shall be numbered and include a caption. Tables shall be numbered with Roman numerals (Table I) and figures and illustrations with Arabic numerals (Figure 1).

Notes and bibliographical references

They shall be placed at the end of the paper, numbered in order of appearance in the text.

When referenced in the text, they will be numbered between parentheses (*do not use the 'Insert NOTE' system of MS Word*©).

The citations must comply with the norm ISO 690/1987, as shown in the following examples corresponding to a monograph, an article, a book chapter and a paper for a congress, respectively.

MONOGRAPHS. ALVAREZ, E. *Cristóbal Méndez and his work 1553*. London: Unisport Publishers, 1997.

PERIODICALS. AQUESOLO, J. The sport activity in the Order of Templar. *Journal of Sports*, 2002, 70, 6-14.

BOOK CHAPTERS. FERNÁNDEZ TRUÁN, J.C. The gladiators in the Roman Andalusia. In: ZAPICO, J. (editor). *Materials for Sports Sciences*. New York: Sport Sciences Institute, 2003, vol. I, p. 85-106.

CONGRESS PAPER. RUEHL, J. The tournament regulations of Heilbronn 1485. *Actas del V Congreso de Historia del Deporte en Europa*. 2000, noviembre 15-19, Madrid, p. 93-109.